

Advisor Orientation Meeting January 28, 2019

13-32-2

"Vive La Companie"



CHORUS Vive la vive la vive l'amour Vive la vive la vive l'amour Vive l'amour, vive l'amour Vive la companie!

- Let every good voyageur join in a song Vive la companie!
 Success to each other and pass it along Vive la companie!
- 2. We paddle and paddle for miles everyday While singing a song every inch of the way!
- 3. A rock on you left and a rock on your right, But we still make it through with our skill and our might!
- 4. No portage is too long for a good voyageur. With rain and mosquitoes we love it the more!
- 5. We love the young maidens and they love us too. They cry when we leave in our birchbark canoes!



The Campfire" from The Voyageur, by Grace Lee Nute

Agenda

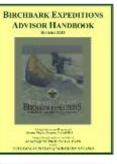
- Welcome and Introductions
- Program Materials Overview
- Crew Roster and Registration
- Medical Forms & Crew First Aid Kit
- Personal Gear
- Crew Gear
- Day-by-Day Walkthrough
- Canoe Route Planning Process
- Menu Ordering Process
- Crew Duty Roster/Responsibilities
- Swimming Skills
- Safe Swim / Safety Afloat Training
- Additional Training Sessions
- Q/A and Closing



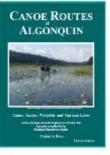


Program Materials

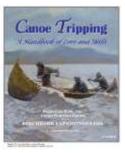




Forms, check-lists, schedules, worksheets, and other materials



Suggested routes and considerations when designing your route



A "how to" bible of skills needed to be comfortable during your expedition



Official Canoe Routes Map from Parks Ontario



Jeff's Map www.algonquinmap.com

Resources on Web Site





PROGRAM BROCHURES

Useful "hand out" materials to promote and educate your troop or crew about the various programs offered by Birchbark Expeditions.



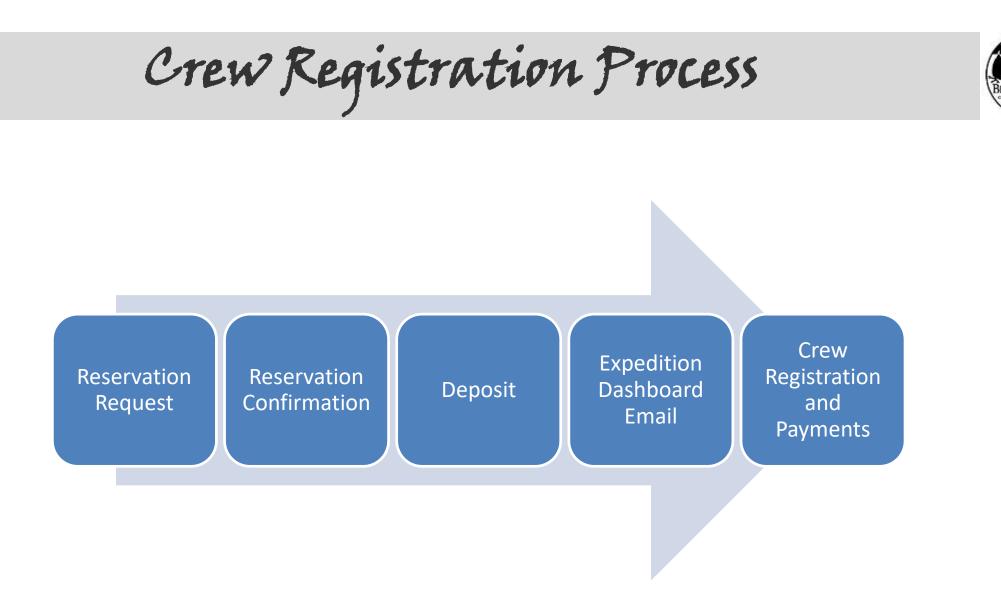
General overview of the Birchbark Expeditions most-popular

Other Resources



- Jeff's Map at <u>www.algonquinmap.com</u>
 - "Crowdsource" map with more details and electronic versions for GPS devices
- Birchbark Expeditions BSA group on Facebook
 - Past crews and photos
 - Tips and advice
- Algonquin Park group on Facebook

 Local knowledge and plenty of photographs
- Friends of Algonquin Web Site
 - <u>http://www.algonquinpark.on.ca/foap/</u>



Crew Registration Process



Crew Registration Process

Unit/Gro		Example	Troop 123,	Crew A		(BIRCHBARK EXPED	TIONS
Expedition departure de Expedition Advis Advisor Em	or:		1	Expedition Dashboard Username Password		_	*	
Participants								
	lame	Adult/	Tee Shirt				Medications?	Experienc
# Last	First	Youth	Size	Name	Telephone #	Special Diet?	¥/N	Level
1								
2								
			-			-		
8			-					
4	_					_		
5								
e								
0	-		<u> </u>					
7	-							
8								
Vehicles								
# Make	Model	Color	State	License Plate Number	Driver Cell Phone #		Address	
1		_						
2	-		-			_		

 Must be completed for all participants (Adults too!)

Brian

- Guides will review at Wye Marsh Shakedown
- Advisors should prepare a water-proof packet for trek
- Additional copies in binders for each car



Crew First Aid Kit



• Crew-supplied

Brian

- Water-proof and Easy-to-See Packaging
- See Advisor Handbook for suggested contents
- Special Needs?
 - Allergies
 - Inhalers
 - Etc?
- First-Aider to keep accessible/ready
- <u>All</u> injuries medication use <u>must</u> be reported to Guide



Personal Gear

Joe





Crew Gear

Rick





Red Cross Wilderness First Aid

Brian







Day-by-Day Schedule

- Saturday
 - Drive to Midland Ontario
 Wye Marsh Visitors Center
 - Meet your guide / Lunch
 - Tour Saint Marie-among
 the-Huron
 - Dinner
 - Mass/Scout's Own
 - Load Food Packs
 - Final Shakedown
 - Overnight in Cabins/Tents





Day-by-Day Schedule

- Sunday
 - Medical Check
 - Breakfast at St. Marie
 - Drive to Whitefish Campground
 - Last minute provisions in Huntsville
 - Lunch on the way
 - Algonquin Visitors Centre
 - Guide & On-Water training
 - Trail Dinner
 - Crew Gear Inventory/Pack
 - Opening Campfire

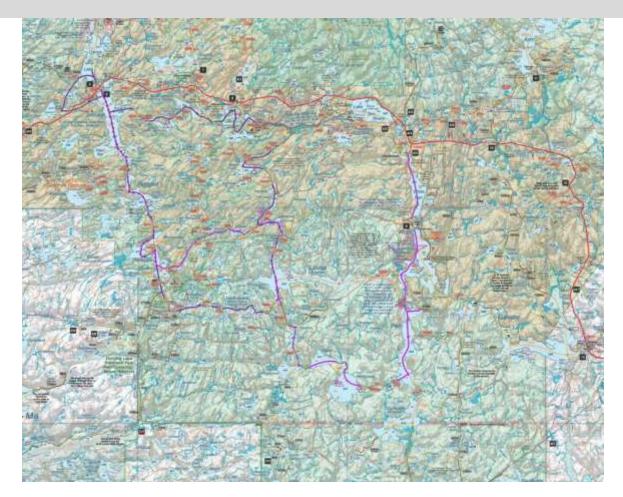


Day-by-Day Schedule

- Monday
 - Trail breakfast
 - Put-in
- Friday
 - Return to Whitefish Campground
 - Shower
 - Crew gear clean-up and check-in
 - Logging Museum / Dinner in town (\$\$)
- Saturday
 - Drive home safely (via Tim Hortons in Huntsville)







Menu Selection Process



Birchbark Expedition	ns Trip Menu Planner - 2018
Leader	Phone
Email	

Allergies/Considerations: _

BIRCHBARK EXPEDITIONS
BIRCHBARK EXPEDITIONS CANADIAN WILDERNESS VOYAGES

Crew

Dave M.

	Day	Breakfast	Lunch	Dinner
	Sunday	XXXXXXX	XXXXXXX	
\	Monday			
1	Tuesday			
1	Wednesday			
/	Thursday			
	Friday			
	Saturday		XXXXXXX	XXXXXXX

Breakfasts	
#1	Pop Tarts, Instant Oatmeal, hot cocoa, Tang. (Bulky & Heavy - best for Monday & Saturday AM) � �
#2	Pancakes, precook bacon, maple syrup, cook spray (Requires cooking) 🔶
#3	Plain granola, powder milk, hot cocoa♦
#4	Cranberry raisin granola, powder milk, hot cocoa. ♦♦

Lunches	
#1	Peanut butter and squeeze jelly on pita bread with fruit snack packs (Bulky & Heavy) 🔶
#2	Triscuits crackers, stick pepperoni, peanut packages 🔶
#3	Triscuits crackers, tuna salad packages, summer sausage 🔶
#4	Peanut pkgs(9), granola bars(9), summer sausage, fruit snacks 🔶
#5	Black beans and rice wraps (Requires cooking - prepare during morning breakfast) 🔶

Dinners	All dinners include a side vegetable or soup, desert and powdered drink				
#1	Chicken and Rice 🔶	#7	Vegetable stew w/beef		
#2	Beef Stroganoff ♦	#8	Chicken teriyaki w/rice 🔶		
#3	Macaroni and Cheese 🔶	#9	Chicken a la king		



rood Selection Considerations

- Special Dietary Needs?
 Important
- Quick vs. Cook Breakfasts

Dave M & Steve

- Cook Breakfasts
 (Pancakes and Eggs) take time to cook and clean-up
- Also suggest a stove



What's NOT provided



Crew Organization/Duty Roster





Dave B







Dave Safe Swim Defense and Safety Afloat

On-line training at: <u>my.scouting.org</u>





Training Outline – Future Sessions



- Trip Planning and Route Selection
 - Tuesday, February 25th 7-9 PM
 - Crew leader, navigator and advisors
 - Bring:
 - Candidate route selection sheets
 - Food Selection Worksheet
 - Roster Worksheet

Training Outline – Future Sessions



- Outdoor Canoe Trip Shakedown
 - Saturday, June 8th– 9AM-4PM
 - Camp Scouthaven
 - All crew members must attend
 - Bring:
 - Trail lunch and hearty snack
 - Wear Canoe clothes / fanny pack
 - Personal Gear Packed ready for departure
 - ...and more see Leader Guide

Q/A and Closing





"Our Paddles"



Our paddles keen and bright, Flashing like silver, Swift as the wild goose flies, Dip, dip and swing.

Dip, dip and swing them back, Flashing like silver, Swift as the wild goose flies, Dip, dip and swing.



The Campfire" from The Voyageur, by Grace Lee Nute



See you at the Trip Planning and Route Selection Meeting!

6
