#### Young Braves Summer Adventure (YBSA)

Program Contact: Chris Matthewson | Chris@gnfccamps.org



We are introducing this new and exciting endeavor by our Summer Camp Program Staff & Alumni for the Summer of 2020. YBSA has been created to benefit the traditional 1st to 3rd-year camper at Scout BSA Camps. We're concentrating on topics that can be addressed virtually for the Scout to First Class Ranks. Also included are some other fun additions to that program including special guest appearances along the way.

One of our primary goals of this virtual program show is to help our Arrow of Lights and families transfer easier into Scout units, as we know they are missing that valuable firstyear summer camp. We're striving to help our younger Scouts build confidence in their abilities and to help our valuable leaders carry on the Scouting program.

Our team researched a lot of what other council programs are doing. We don't want to be repetitive in our own program offering. We came up with a "TV show" style format that will bring you segments filmed at our camps, while covering the program young Scouts need as they grow in Scouting. These segments will help provide some knowledge, give "pro" tips, and help Scouts become more confident as they return to their units after this "pause". And most of all, they will be FUN!

We will look at becoming a Scout and cover fun learning programs like Camping, Cooking, Fishing, Woods Tools, Fire Building, Wilderness Survival, on and on!! We will check in with our friends from different areas of Scouting like High Adventure Programs, Jamboree, Order of the Arrow, and our own Scout Shop and Council Staff.

This program will run from 7/20 to 8/17. 45-60 minute segments will premiere three times each week. In addition, once weekly we'll provide a "live interactive" segment with our staff. Once segments premiere, they will be accessible at your convenience anytime. We hope you all will join us in helping keep the Light of Scouting lit this summer, though we cannot meet in person. See you at the Young Braves Summer Adventure!



# EPISODE 1 INTRODUCTION TO SCOUTING

Host: Matt Grosso – Eagle Scont & Young Braves Outdoor Adventure Director

#### What you need:



Have your Scouts BSA Handbook ready!

# FIELDBOOK

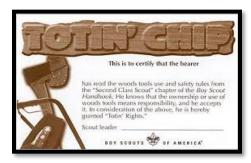
**Optional:** 

Scouts BSA Fieldbook (optional)

In this introductory episode, we will cover the "Scout Basics"

- The Official Scouts BSA Uniform
- Scout Oath
- Scout Law
- Outdoor Code
- How to use the Scouts BSA Handbook
- How to use the Scouts BSA Fieldbook
- Scouts BSA Merit Badge Program & how to use "Blue Cards"
- Flag Etiquette with special guest Mr. Ron Krawczyk

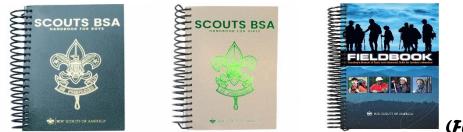
## JUST KEEP SCOUTING!



## EPISODE 2 WOODS TOOLS SAFETY & TOTIN' CHIP

Host: Chris Matthewson – GNFC Scouts BSA Summer Camp Program Director & SBSA Outdoor Skills Instructor

## What you need:



(Fieldbook optional)

Episode 2 contains a packed program of woods tool safety and know-how, & lore.

- How to set up a proper Axe Yard
- Safety and use of the Scouts BSA Axe
- Safety and use of the Scouts BSA Pocketknife
- Safety and use of the versatile Bow Saw
- Wood processing techniques
- The Paul Bunyan Woodsman Award



The Lumberjack Cheer – Scout Songbook



## EPISODE 3 "A HIKING WE WILL GO!"

Host: Matt Grosso – Eagle Scont & Young Braves Outdoor Adventure Director

Lace up your hiking boots and hit the trail to adventure! In this episode, we show you how much fun a good hike can be, what to take along, and safety on the trail.

## **Topics Include:**

- Before you set out
- The SBSA 10 Hiking Essentials
- The Buddy System
- Simple navigation
- Trail signs
- Signs of nature
- Good Trail etiquette
- National Outdoor Awards Program: Hiking
- Hiking Merit Badge



"I love to go a wandering along the mountain track. And as I go, I love to sing -My knapsack on my back!" - The Happy Wanderer



## EPISODE 4

## THE PATROL KITCHEN

Host: Chris Matthewson Program Director Sconts BSA & BSA Outdoor Shills Instructor

## **References:**



Always have your Scouts BSA Handbook ready!

In this episode, we will discuss and show hints and tips of setting up the Patrol Kitchen for a campout.

## **Topics Include:**

- The Patrol Fly or shelter
- The Patrol Box and contents
- The Trail Chef Kit & Utensil Roll
- Camp Stove setup & placement
- Patrol Kitchen Sanitation
- The Patrol Duty Roster
- Patrol Table & Eating manners



JUST KEEP SCOUTING!



## EPISODE 5 COOKING PART ONE

Surprise Guest Host?

And Chris Matthewson – Program Director

## **References:**



COOKING! A Scout's favorite word! This episode covers some of the basic cooking skills and knowledge a Scout needs to obtain rank requirements and show off their skills to the gang!

## **Topics Include:**

- Making the Patrol Menu & Shopping List
- Brilliant Breakfast Ideas
- Lunch Favorites

- Dinner Delicacies
- Food prep and storage
- Using a thermometer
- Techniques

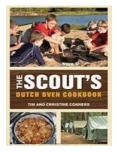
"Some of the best times at camp are when we sit together to eat!



## EPISODE 6 COOKING PART TWO CAST IRON CHEF

HOST: Chris Matthewson – Program Director & BSA Outdoor Skills Instructor

#### **References:**



Every Scout knows that when it comes to serious camp meals, cast iron is the way to go! Learn to master this great skill, and be the Champion of the Charcoal!

## **Topics Include:**

- Cast Ironware
- Care & Use
- Cleaning
- Seasoning & Storage
- The Dutch Oven Table

- Lighting charcoal with a chimney
- Safety Tips
- The Awesome Extraordinary Pie Iron!

"A Dutch Oven in long-term storage is bad for the soul" Blaine Nay



# EPISODE 7 "OFF TO CAMP WE GO!" CAMPING

Host: Matt Grosso – Eagle Scont & Young Braves Outdoor Adventure Director

## **References:**



Every Scout craves adventure! Moreover, what better way than camping with your friends? Matt shows us basic camping techniques along with helpful hints and know-how right from the Scouts BSA Library!

## **Topics Include:**

- Where to camp?
- Tents and setting up tents
- The model campsite
- How to pack for Summer Camp @ Scouthaven!
- Tips & Hacks from the Camp Staff Pro Team!



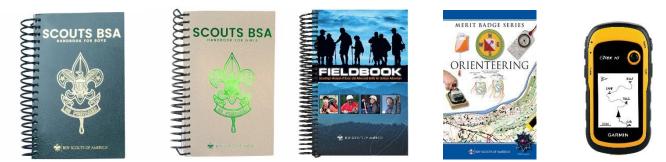
"We are not a club or Sunday school class, but a school of the woods" – Baden Powell



# EPISODE 8 MAPS, COMPASS, AND GPS BASIC LAND NAVIGATION

Hosts: Matt Grosso and Special Gnest

## **References:**



WHICH WAY DO WE GO? Find out in this basic land navigation episode. If you have a compass or GPS have them ready! You may want to ask to use a phone compass and gps if you do not. Have your Handbook with you!

## **Topics Include:**

- How a compass works
- Maps symbols and topography
- Orienting a map
- distances and scales
- Pacing

"I have never been lost. But I will admit to being confused for several weeks"

- Daniel Boone



## EPISODE 9 FIRE BUILDING & SAFETY

Host: Chris Matthewson and Special Guest

## **References:**



## **Topics Include:**

- Fire starting =WORK & PREPARATION
- The safe fire area
- Kinds of fires
- Kinds of materials
- Ignition sources

- Primitive fire starting
- When wood is wet
- The "Cold Out" test.
- Leaving No trace & the environment
- Firem'n Chit





## EPISODE 10

## FISHING

Host: Chris Matthewson BSA Fishing Northeast Region Area 3 Lead and BSA Certified Angling Instructor

## **References:**



Fishing is one of the most popular Scouting activities. Learn some basics and some safety tips to follow while you enjoy time spent in the great outdoors!

## **Topics Include:**

- Angling safety
- Basic Rod & Reel knowledge
- The Scout's Tackle Box
- Fishing Knots
- The fun and challenge of Fly Fishing

- NYS DEC Rules & Regulations concerning Scouts
- The Complete Angler Award
- The BSA Certified Angler Instructor Program





# EPISODE 11 LEAVE NO TRACE & OUTDOOR ETHICS

Special Gnest Host

#### **References:**



In this episode... Learn the Leave No Trace and Outdoor Ethics principles we follow in Scouting. Have your Handbooks ready as the host will go over the importance of each principle that will serve you as not only a Scout, but a good steward or stewardess or the outdoors!

"Take only memories, leave nothing but footprints"



# EPISODE 12 HIGH ADVENTURE NATIONAL JAMBOREE

Host: Chris Matthewson and Special Guests

## **Programs Covered Include:**



BIRCHBARK EXPEDITIONS CANADIAN WILDERNESS VOYAGES



PHILMONT SCOUT RANCH GREATER NIAGARA FRONTIER COUNCIL CONTINGENT



FLORIDA NATIONAL HIGH ADVENTURE SEA BASE "SCOUTING IN THE FLORIDA KEYS"

