

INTERNATIONAL

COOK-O-REE

**POLARIS DISTRICT
COOKING CAMPOREE
May 18-20, 2018
Pinewoods Park, North
Tonawanda**

Program Guide



- sponsored by -

**Polaris District, Greater Niagara Frontier Council, Boy Scouts of America
Troop 184**

Contents

General Information	3
Fees and Registration.....	3
Check – In.....	3
Camping Information	3
Leaders Meeting - Cracker Barrel	3
Uniforms & Colors.....	4
Religious Services.....	4
Meals.....	4
Fires.....	Error! Bookmark not defined.
Awards & Recognition.....	4
Sustainability.....	4
Contact Information.....	4
Health & Safety	4
First Aid	4
Medications & Health Forms	5
Be Prepared.....	5
Safety	5
Security	6
Program Information	6
Overview	6
Cooking Demos (Subject to change)	6
Cooking Demo Schedule	6
Cooking Games	7
International Potluck Dinner.....	7
Campfire.....	7
Schedule.....	8
Unit Roster	9
Pine Woods Park Map (coming soon).....	10
Saturday Morning Session Selection.....	11

General Information

Fees and Registration

Preregistration is required. The participation fee for this Camporee is \$15.00 per person (youth or adult). For registrations after May 11, 2018 a late fee of \$5 per person will be charged.

Each youth must be a registered Boy Scout, Venture, or Explorer to attend. Webelos may attend if sponsored by a host troop.

Check – In

Check in will be from 5:00 PM to 8:00 PM at the Pavilion #1. A unit roster must be provided to the Camporee Staff at check-in. The Unit Roster can be found at the end of this guide.

Camping Information

Units will be assigned to a campsite (you must pre-register prior to the Camporee). Final campsite assignments will be given at check in. Units should be prepared to transport their gear by foot from the parking area.

District staff will conduct campsite inspections Saturday afternoon. Campsite and Gateway inspection criteria:

- Unit identification (flag or sign)
- Tents properly erected and lined up
- Unit gear properly stored
- Patrol areas identified and neatly maintained
- Personal gear properly stored
- Dining shelter present
- Cooking and serving areas clean and organized
- Food properly stored
- Cooking equipment and utensils neatly stored
- Water supply (cooking and drinking) on hand
- Cleaning facilities evident, including item used to screen grey water
- Menus and duty rosters posted
- First aid kit present and visible
- Stove and lantern fuels safely stored
- Fire extinguisher present
- Roster and Camporee schedule posted
- Gateway originality and alignment to the Cook-O-Ree theme

Leaders Meeting - Cracker Barrel

Each unit should send the Senior Patrol Leader and Scoutmaster to the meeting on Friday at 9:00 PM and Saturday following the closing show at Pavilion #1.

Uniforms & Colors

Field uniform (Class A) should be worn throughout for opening flags, closing flags, the religious service and closing show. Activity (Class B) uniforms may be worn Friday, Saturday and Sunday during the rest of the day. American flag and unit flags should be displayed near the entrance of each campsite. Please bring flags to the opening flag ceremony.

Religious Services

All are encouraged to attend the religious service offered on Saturday evening. Catholic Mass, Protestant vespers, and Scout Own will be available

Meals

Units are responsible for their own in site meals Saturday breakfast, lunch, and Sunday breakfast.

Saturday dinner, patrols are to prepare a dish to pass for the International Potluck Dinner. This will be a fellowship time and a chance to try new foods and make new friends.

Awards & Recognition

All youth and adult participants will receive a Camporee patch. Recognition will also be given out for participation in other activities, including:

- Campsite gateway contest (Cooking theme)
- Campsite inspections
- Cooking Games
- Best dishes served at International Potluck Dinner

Sustainability

The Camporee has set a goal to be a zero-impact event. Units will be encouraged to follow Leave No Trace guidelines. Please plan your weekend to help minimize our impact.



Contact Information

Camporee Chair: Dave Slish
716-215-8223 (cell) dave@theslishes.com

Staff Advisor: Bob Blatz
716-512-6215 (office) Bob.Blatz@scouting.org

Health & Safety

First Aid

All medical injuries/illnesses must be reported to the Camporee Health Warden. The Health Warden and contact information will be announced at the Friday night Cracker Barrel.



If an event occurs requiring medical attention and the individual can make it to Pavilion #1, he/she should be escorted there. If the individual has a serious injury, do NOT move them and **call 911 then the** Camporee Health Warden. Medical personnel will be dispatched to the site of the medical emergency as needed.

Medications & Health Forms

Each unit attending the Camporee should have individual medical histories for each Scout and adult. Health forms should be kept by the unit leader and made available to our medical staff as needed. Download the BSA form at http://www.scouting.org/filestore/HealthSafety/pdf/680-001_AB.pdf

Medications should be handled per unit policy. From the BSA Guide to Safe Scouting: The taking of prescription medication is the responsibility of the individual taking the medication and/or that individual's parent or guardian. A leader, after obtaining all the necessary information, can agree to accept the responsibility of making sure a youth takes the necessary medication at the appropriate time, but BSA does not mandate or necessarily encourage the leader to do so. Read the full BSA medication guidelines at http://www.scouting.org/filestore/HealthSafety/pdf/SAFE_USE_OF_MEDICATION_IN_Scouting.pdf

Be Prepared

- Training—One adult from each unit must complete Weather Hazards training at my.scouting.org (current within two years).
- Each Unit MUST have a minimum of two (2) adults with an adult / youth ration of at least 1 adult for every 10 youths.
- Sunscreen—Everyone attending the Camporee should bring with them sunscreen with an SPF rating of 15 or higher.
- Hydration—Remind Scouts to drink enough liquids throughout the day. Everyone should bring their own water bottle for the weekend. More information: <http://www.riskmanagementinscouting.com/proper-hydration-are-you-paying-attention/>
- Heat Stroke/Heat Exhaustion—Review the symptoms of heat stroke and heat exhaustion with your unit and report any instances to the closest medical tent for observation and treatment.
- Potable Water—Any unit camping at the Camporee should bring water jugs to carry at least 10 gallons. Water spigots will be available.
- Toilet Facilities—Restrooms and/or Port-A-Johns will be available

Safety

- All Units should follow the Guide to Save Scouting.
- Youth Protection—All adults staying over-night with a unit must have taken BSA Youth Protection Training at my.scouting.org within two years of the date of the Camporee. Guests who are staying with a unit for the day do not require this training although we are recommending that it be completed by all adult participants.
- Buddy System—Scouts should utilize the buddy system at all times. Unit leadership should know where each group of buddies are in case of emergency.
- Fires— Ground fires are not permitted in Pine Woods Park, however, you may have fires in raised fire pits. As always, fires must not be left unattended. Units may also cook with propane or white gas stoves. Liquid fuels should be stored appropriately. For more information please refer to <http://www.scouting.org/filestore/pdf/680-013WB.pdf>. It is also recommended that all units provide fire extinguishers, appropriate for the fuel being used in case of cooking area fires. No flames are allowed in tents. In no case, should youth or adults try to fight fires that are out of control. Fire emergencies should be reported to the Camporee Chair: Dave Sligh
- Inclement Weather—In the event of unforeseen severe weather, (thunderstorms/high winds/flooding/snow/sleet/ice), a general siren/signal will be sounded. When this signal is heard, all leaders should congregate with their units, ensure that all members are present (take a head count), and proceed to the nearest permanent shelter. Further details to be discussed at the Friday evening leader's meeting.

Security

There will be a group of Health & Safety personnel, who we are identifying as “Safety Resource Officers”, (SRO). They will be patrolling the campsites, looking for safety violations, or unsafe conditions. It is not the intent of these volunteers to point out trivial problems, but rather to work with you, the unit leaders, to achieve a safe and enjoyable environment for our scouts. If you have any issues, relating to Health & Safety, please be sure to stop these individuals and let them know of your concerns!

Program Information

Overview

The goal of the International Cook-O-Ree is to help scout learn to think more broadly when it comes to food at camp and in the rest of their lives. Many troops fall into a menu rut when planning campouts and scouts miss out on the world of food ideas available to them. Most of the day will be spent at cooking demonstrations taught by some of the best camp cooks in our area.

Saturday morning activities at will be split into four (4) forty (40) minute sessions. Most of the sessions repeat so don't take the same session twice. The afternoon activities include optional cooking based games and preparing for the International Potluck Dinner.

Cooking Demos (Subject to change)

We recommend that each unit/patrol try to spread their scouts out to take advantage as many learning opportunities as possible.

- Dutch oven dinners
- Dutch oven desserts
- Spice It Up – There is more to life than salt and pepper.
- Camp Sanitation – Cleanliness is next to godliness
- Paperbox Baking
- Grilling – It's for more than burgers and dogs
- Camp kitchen gadgets – learn to put those lashing skills to good use.
- Menu/shopping planning – Learn to plan menus based on where you're going and what you're doing.
- Butchering 101 – From skin on to cooking, learn how your meat gets to the plate.
- Suped up hobo pies
- Back packing food – beyond Mountain Chef
- Fantastic Foil Dinners – Learn to avoid raw potatoes and burned beef

Cooking Demo Schedule

Cooking demos will be repeated each session.

- Session 1 9:00 – 9:40
- Session 2 9:45 – 10:25
- Session 3 10:30 – 11:10
- Session 4 11:15 – 11:55

Cooking Games

Games will give scouts to show off their cooking prowess in various cooking challenges.

- Chopped – Patrol get a random bag of food and 30 minutes to prepare the best dish they can. Patrols must supply their own cooking utensils. Scores based on quality and teamwork.
- Micro Cooking – Patrols must use only minimal, dare I say tiny, supplies to prepare biscuits for the patrol and the judges. Scores based on time, quality and teamwork.
- Dessert Challenge – Patrols challenged to make their best dessert item and have it judged against other entries. Patrol must supply their own ingredients and method of cooking.

International Potluck Dinner

We will all have dinner together Saturday evening and we will have a chance to sample foods from all over the world. Patrols are to prepare a dish, in camp, from the country assigned to their unit. Units can choose a country or they can have one randomly assigned to them when they register. Bonus points will be given to units who are willing to have a country randomly assigned.

Rules dinner entries:

- Dishes must be prepared in camp
- Recipes should be authentic to the country/region
- Scouts do the cooking not the adults
- Everyone in the patrol must participate
- Entries must be submitted with a list of ingredients, so, people with allergies don't eat anything they shouldn't

Dinner seating is by random draw. Scouts buddy up (2 or 3) and pick a number when entering dinner. The number they draw correspond to where they sit giving everyone a chance to meet new people. There will be an adult at every table.

Campfire

Patrols are asked to prepare food/cooking based skits, songs, and cheers for the Closing Campfire. Awards will be presented at the campfire

Schedule

FRIDAY, May 16th

5:00 PM – 8:00 PM	Check In (Pavilion #1) and Camp Setup
9:00 PM – 10:00 PM	Leaders Meeting & Cracker Barrel (Pavilion #1)

SATURDAY, OCTOBER 14

7:00 AM - 8:00 AM	In Site Breakfast
8:15 AM – 8:35 AM	Opening Ceremony (Flag Field)
9:00 AM – 9:40 AM	Cooking Demo Session 1 (Multiple Locations)
9:45 AM – 10:25 AM	Cooking Demo Session 2 (Multiple Locations)
10:30 AM – 11:10 AM	Cooking Demo Session 3 (Multiple Locations)
11:15 AM – 11:55 AM	Cooking Demo Session 4 (Multiple Locations)
12:00 PM – 1:15 PM	In Site Lunch, Final Campsite Clean-up and Gateway Set-up
1:30 PM – 3:00 PM	Cooking Games
3:15 PM – 5:30 PM	In site preparation of International Potluck Dinner dishes
5:45 PM – 6:00 PM	Closing Flag Ceremony (Flag Field)
6:00 PM – 6:50 PM	International Potluck Dinner
7:00 PM – 7:45 PM	Religious Services: Locations to be announced
8:00 PM – 9:00 PM	Campfire
9:15 PM – 10:15 PM	Leaders Meeting & Cracker barrel

SUNDAY, OCTOBER 14

7:00 AM – 9:00 AM	Insite Breakfast, Clean Up and Check Out.
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International Cook-O-Ree

May 16-18, 2018

Unit Roster

Troop # _____ District: _____

This form must be turned in at registration

Adults

Position

Adults	Position

Youth:

Senior Patrol Leader: _____

Patrol:	Patrol:	Patrol:
PL:	PL:	PL:

Pine Woods Park Map (coming soon)

International Cook-O-Ree

May 16-18

Saturday Morning Session Selection

Troop # _____ District: _____

Scout First Name, Last Initial	9:00 – 9:40 AM	9:45 – 10:25 AM	10:30-11:10 AM	11:15-11:55 AM
<i>John S.</i>				