



Saturday March 6, 2021

Virtual First Aid Rally Greater Niagara Frontier Council

First Responder Training

Be Prepared for Accidents and Emergencies!

A Scout is always ready in body and mind to do his duty to help other people, facing danger if necessary. Are you Ready? Come and learn scout first aid skills that will last a lifetime.

The sessions are designed to follow the requirements for the Webelos First Responder Adventure. In addition, they will learn skills necessary for a den to compete in the First-aid rally which follows in the afternoon. The training will be provided by Boy Scouts, adult Scouters, and other qualified First aiders. **This will be a virtual event, but Youth are encouraged to register as patrols for the competition portion. Patrols will be judged, and results of the competition will be posted at the conclusion of the First Aid Rally.** Please be aware of the local COVID-19 guidelines and restrictions in the area from which you will be competing from.

Basic Event Schedule

9:00 – 9:05 Opening

9:05 – 9:30 First Responder Q&A

9:30 – 10:00 First Station- General First Aid- first aid summary, choking, treat for shock – requirements 1,3,4

10:00-10:30 Second Station- First Aid Treatment- requirement 5

10:30–11:00 Third Station-Hurry Treatment-bleeding, heart attack; First Aid Kit- requirement 2, 6

11:00–11:30 Fourth Station -Home Readiness Plan-requirement 7

11:30 – 12:00 Fifth Station Open Q & A

12:00 – 1:00 Lunch Break

1:00 – 5:00 First Aid Rally –Event Competition

Registration and detailed event information including registration fees, location, and date/times are available on the GNFC website: www.wnyscouting.org

Equipment List

All teams are responsible for supplying their own first aid supplies. Below is a list of suggested equipment that should be available for **Each** Den, Patrol, Crew, or Team member. Participants will be working from home with a family member and will be assigned ONE specific scenario.

Recommended Kit Supplies

Cravats/Triangular Bandages, for example a neckerchief
Gauze Pads (4 x 4), Rolls of Gauze (2" wide)
Blanket, Ice Pack
Hand Sanitizer, Facemask
Hand Towel, Non-Latex Gloves
Water Bottle, Note Pad,
Pen/Pencil
Equipment box or bag to hold all supplies neatly

No patient transportation required for this event.

First Aid Rally Rules

- A 5-person patrol will be used.
- Each scenario will require a different Scout and their family member, acting alone in a ZOOM presentation.
- There will be one judge for each patrol participating through the ZOOM presentation.
- Judges may not judge in a division where their unit has a team entered.
- Individual participants will be given 10 minutes to complete their scenario.
- Judges will then be given 5 minutes to provide feedback to the participant and complete the scoresheet.
- The judge will then ask for the next participant of the patrol to present the next scenario.
- Teams are not allowed to ask the judge what their score is for any scenario.
- In the event an issue arises not covered by these rules, the judge will make every effort to come to a decision fair to all participants.

Sample Scenarios

1. Your scout unit is attending the Klondike Derby at Camp Schoellkopf and your patrol decides to go sledding. While going down the hill, one of the sleds hits a bump and throws everyone off. One of the scouts continues to slide down the hill and finally stops when he hits a tree. He is conscious and complaining of **pain in his left lower leg and right upper arm.** He has **a cut on his chin that is oozing blood** and he is feeling **lightheaded.**

Provide First Aid Treatment

2. Your patrol is attending a roller-skating party sponsored by your neighborhood Cub Pack. One of the leaders was skating backwards when he runs over something lying on the floor. He falls, catching his fall with both hands. His **right wrist is painful to move and bleeding from a laceration on the top side of his wrist.** His **left hand is bruised.** He is **breathing fast,** his face is **very pale, and he does not respond when spoken to.**

Provide First Aid Treatment

3. A group of scouts is rock climbing at Philmont. One of the Scouts trips over a branch on the path and falls **cutting his forehead.** He is **lying face down;** his **left shoulder is drooping** and he is unable to move it his **lower right leg is deformed** and is very painful. He cannot stand.

Provide First Aid Treatment

4. As your team was practicing for this competition, you drop the youth while you were practicing a carry. He is now face up on the floor. His **right arm which is under him is bent at the elbow** and he cannot straighten it. He has pain in his **left knee** and a **laceration under his right eye.** He is becoming very **pale and has a rapid weak pulse.**

Provide First Aid Treatment

5. Your patrol is visiting a local college campus during the University of Scouting. One of your friends was running to catch up with the Troop and he jumped over a low fence. Unfortunately, he did not clear the top of the fence. He had put his hands out to break his fall and landed hard hitting his head. Upon reaching him, he is **face down,** he has **a pen sticking out of his right cheek and a bruise behind his right ear.** His **left leg is spurting bright red blood just above the ankle.**

Provide First Aid Treatment