Advisor Orientation Meeting

January 28, 2019
"Vive La Companie"

CHORUS
Vive la vive la vive l’amour
Vive la vive la vive l’amour
Vive l’amour, vive l’amour
Vive la companie!

1. Let every good voyageur join in a song
   Vive la companie!
   Success to each other and pass it along
   Vive la companie!

2. We paddle and paddle for miles everyday
   While singing a song every inch of the way!

3. A rock on you left and a rock on your right,
   But we still make it through with our skill and our might!

4. No portage is too long for a good voyageur.
   With rain and mosquitoes we love it the more!

5. We love the young maidens and they love us too.
   They cry when we leave in our birchbark canoes!

The Campfire” from The Voyageur, by Grace Lee Nute
Agenda

- Welcome and Introductions
- Program Materials Overview
- Crew Roster and Registration
- Medical Forms & Crew First Aid Kit
- Personal Gear
- Crew Gear
- Day-by-Day Walkthrough
- Canoe Route Planning Process
- Menu Ordering Process
- Crew Duty Roster/Responsibilities
- Swimming Skills
- Safe Swim / Safety Afloat Training
- Additional Training Sessions
- Q/A and Closing
Program Materials

Forms, check-lists, schedules, worksheets, and other materials

Suggested routes and considerations when designing your route

A “how to” bible of skills needed to be comfortable during your expedition

Official Canoe Routes Map from Parks Ontario

Jeff’s Map
www.algonquinmap.com
Resources on Web Site

A successful Birchbark Expedition crew is well educated, organized and properly equipped.

Here you will find a library of useful educational, informational and recruiting materials, helpful in developing and executing a successful Birchbark Expedition.

PROGRAM BROCHURES

Useful “hand out” materials to promote and educate your troop or crew about the various programs offered by Birchbark Expeditions.
Other Resources

• Jeff’s Map at www.algonquinmap.com
  – “Crowdsourced” map with more details and electronic versions for GPS devices

• Birchbark Expeditions BSA group on Facebook
  – Past crews and photos
  – Tips and advice

• Algonquin Park group on Facebook
  – Local knowledge and plenty of photographs

• Friends of Algonquin Web Site
  – http://www.algonquinpark.on.ca/foap/
Crew Registration Process

Reservation Request
Reservation Confirmation
Deposit
Expedition Dashboard Email
Crew Registration and Payments
Crew Registration Process

Reservation Request
Reservation Confirmation
Deposit
Expedition Dashboard Email
Crew Registration and Payments

Thank you for selecting Birchbark Expeditions for your 2019 High Adventure!

Your reservation is for:
WEEK: 4 *(Sample Account)*
DATE: 8/3/19 - 8/10/19

As the designated Expedition Coordinator, we have created a user account for you:
ID: BBX-19
Password: [redacted]

Here is a link to your dashboard: [http://www.vnyscouting.org/event/bbx-week-4/2464270](http://www.vnyscouting.org/event/bbx-week-4/2464270)
Crew Registration Process

**Crew Roster Worksheet**

**Unit/Group:** [Example: Troop 123, Crew A]

**Expedition departure date:**

**Expedition Advisor:**

**Advisor Email:**

**Expedition Dashboard Username:**

**Password:**

### Participants

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<tr>
<th>Lst</th>
<th>First</th>
<th>Last Name</th>
<th>Age/T-Shirt Size</th>
<th>Parent/Emergency Contact</th>
<th>Telephone #</th>
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### Vehicles

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Health Forms

- Must be completed for all participants (Adults too!)
- Guides will review at Wye Marsh Shakedown
- Advisors should prepare a water-proof packet for trek
- Additional copies in binders for each car
Crew First Aid Kit

- Crew-supplied
- Water-proof and Easy-to-See Packaging
- See Advisor Handbook for suggested contents
- Special Needs?
  - Allergies
  - Inhalers
  - Etc?
- First-Aider to keep accessible/ready
- **All** injuries medication use **must** be reported to Guide
Personal Gear
Crew Gear
Red Cross Wilderness First Aid

Wilderness & Remote First Aid

Assessment & treatment when help is more than 1 hour away
Day-by-Day Schedule

• Saturday
  – Drive to Midland Ontario Wye Marsh Visitors Center
  – Meet your guide / Lunch
  – Tour Saint Marie-among-the-Huron
  – Dinner
  – Mass/Scout’s Own
  – Load Food Packs
  – Final Shakedown
  – Overnight in Cabins/Tents
Day-by-Day Schedule

• Sunday
  – Medical Check
  – Breakfast at St. Marie
  – Drive to Whitefish Campground
    • Last minute provisions in Huntsville
    • Lunch on the way
  – Algonquin Visitors Centre
  – Guide & On-Water training
  – Trail Dinner
  – Crew Gear Inventory/Pack
  – Opening Campfire
Day-by-Day Schedule

• Monday
  – Trail breakfast
  – Put-in

• Friday
  – Return to Whitefish Campground
  – Shower
  – Crew gear clean-up and check-in
  – Logging Museum / Dinner in town ($$)

• Saturday
  – Drive home safely
    (via Tim Hortons in Huntsville)
Canoe Route Selection Process
# Menu Selection Process

**Birchbark Expeditions Trip Menu Planner - 2018**

**Crew**  
**Leader**  
**Phone**  
**Email**

**Allergies/Considerations:**

<table>
<thead>
<tr>
<th>Day</th>
<th>Breakfast</th>
<th>Lunch</th>
<th>Dinner</th>
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<tbody>
<tr>
<td>Sunday</td>
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<td>Saturday</td>
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**Breakfasts**

| #1 | Pop Tarts, Instant Oatmeal, hot cocoa, Tang (Bulky & Heavy - best for Monday & Saturday AM) ♦♦ |
| #2 | Pancakes, precook bacon, maple syrup, cook spray (Requires cooking) ♦ |
| #3 | Plain granola, powder milk, hot cocoa◆ |
| #4 | Cranberry raisin granola, powder milk, hot cocoa. ♦◆ |

**Lunches**

| #1 | Peanut butter and squeeze jelly on pita bread with fruit snack packs (Bulky & Heavy) ♦ |
| #2 | Triscuits crackers, stick pepperoni, peanut packages ♦ |
| #3 | Triscuits crackers, tuna salad packages, summer sausage ♦ |
| #4 | Peanut pkgs(9), granola bars(9), summer sausage, fruit snacks ♦ |
| #5 | Black beans and rice wraps (Requires cooking - prepare during morning breakfast). ♦ |

**Dinners**

<table>
<thead>
<tr>
<th>All dinners include a side vegetable or soup, dessert and powdered drink</th>
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<tbody>
<tr>
<td>#1 Chicken and Rice ♦</td>
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<tr>
<td>#2 Beef Stroganoff ♦</td>
</tr>
<tr>
<td>#3 Macaroni and Cheese ♦</td>
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<tr>
<td>#7 Vegetable stew w/beef</td>
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<tr>
<td>#8 Chicken teriyaki rice ♦</td>
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<tr>
<td>#9 Chicken a la king</td>
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</tbody>
</table>
Food Selection Considerations

• Special Dietary Needs? ***Important***

• Quick vs. Cook Breakfasts
  – Cook Breakfasts (Pancakes and Eggs) take time to cook and clean-up
  – Also suggest a stove

• What’s NOT provided
Crew Organization/Duty Roster
Safe Swim Defense and Safety Afloat

- On-line training at: my.scouting.org
Training Outline – Future Sessions

• Trip Planning and Route Selection
  – Tuesday, February 25th – 7-9 PM
  – Crew leader, navigator and advisors
  – Bring:
    • Candidate route selection sheets
    • Food Selection Worksheet
    • Roster Worksheet
Training Outline – Future Sessions

• Outdoor Canoe Trip Shakedown
  – Saturday, June 8th – 9AM-4PM
  – Camp Scouthaven
  – All crew members **must** attend
  – Bring:
    • Trail lunch and hearty snack
    • Wear Canoe clothes / fanny pack
    • Personal Gear – Packed ready for departure
    • ...and more – see Leader Guide
Q/A and Closing
“Our Paddles”

Our paddles keen and bright,
Flashing like silver,
Swift as the wild goose flies,
Dip, dip and swing.

Dip, dip and swing them back,
Flashing like silver,
Swift as the wild goose flies,
Dip, dip and swing.

The Campfire* from The Voyageur, by Grace Lee Nute
See you at the Trip Planning and Route Selection Meeting!