

Sunday	BREAKFAST		LUNCH		DINNER	
	CAMP SCHOELLKOPF 2019 MENU Tentative				6 oz	Pork Loin
	*Breakfast Bar - Oatmeal, Yogurt, Fruit Salad *Lunch and Dinner Salad Bar except Wednesday & Friday Dinner				1/2 C.	Mashed Potatoes/Gravy
					1/2 C.	Corn
					1/2 C.	Applesauce
					1	Roll/Butter
					1/2 C.	Peach Cobbler
					8 oz	Milk
Monday	3	Pancakes	3	Chicken Fingers	6 oz	Penne Bolognese
	3	Sausage	1/2 C.	Potato Wedges	1	Garlic Bread
	2 oz	Maple Syrup	4 oz	Carrot / Celery sticks	1	Brownie
	4oz	Juice	2	Cookie		
	8 oz	Milk		Fresh Fruit		Fresh Fruit
	3/4 C.	Cereal	8 oz	Milk, Bug Juice	8 oz	Milk, Bug Juice
Tuesday	3oz	Scrambled Eggs	1	Roll	2	Taco Shell
	3	Bacon	4 oz	Italian Sausage	4 oz	Taco Meat
	1	English Muffin	1/2 C.	Mac & Cheese		lettuce, tomato, cheese
			1/2 C.	Pudding		Sour Cream
	4oz	Juice			1/2 C.	Spanish Rice
	8 oz	Milk			1/2 C.	Jello
	3/4 C.	Cereal		Fresh Fruit		Fresh Fruit
			8 oz	Milk, Bug Juice	8 oz	Milk, Bug Juice
Wednesday	3	Waffles	1 sl	Pizza	6 oz	Pot Roast/Gravy
	2 oz	Maple Syrup / Strawberries	1/2 C.	Vanilla Ice Cream	1/2 C.	Potatoes
	3 SL	Sausage	2	Chocolate Chip Cookies	1/2 C.	Carrots
	4oz	Juice			1	Biscuit
	8 oz	Milk			1	Apple Pie Roll
	3/4 C.	Cereal		Fresh Fruit	8 oz	Milk, Bug Juice
			8 oz	Milk, Bug Juice	In Site Meal	
Thursday	4oz	Scrambled Eggs with Ham & Cheese	1	Roll	6 oz	Turkey Divan
			1	Chicken Patty	1/2 C.	Rice
	1 Patty	Home Fries	1/2 C.	Tater Tots	1/2 C.	Broccoli
	4oz	Juice			1	Roll/Butter
	8 oz	Milk		Fresh Fruit	1	Strawberry Shortcake
Friday	3/4 C.	Cereal	8 oz	Milk, Bug Juice	8 oz	Milk, Bug Juice
	1 sl	Breakfast Pizza	2	Taco Shells	4 oz	Hamburger/Hot Dog
	3/4 C.	Fresh Fruit	4 oz	Marinated Chicken	1/2 C.	Potato Salad
				Peppers, Onions	1/2 C.	Macaroni Salad
	4 oz	Juice		Sherbert		Dill Pickle
					4 oz	Watermelon
	8 oz	Milk		Fresh Fruit		
Saturday	3/4 C.	Cereal	8 oz	Milk, Bug Juice	8 oz	Bug Juice
	4oz	Juice				
	8oz	Milk				